

Maxx and Zach Bauer

2013

Position

- none/move around/

Main Focus

- Relationship with the ball - mastering all moves and turns
- Agility and coordination
- Confidence taking shots and taking shots on players 1v1 and taking shots Habit of scoring, taking shots and taking on players
- Proper defending, timing defending
- shielding

Secondary focus

- Shooting, passing, awareness, communication

To do at home

- Pop corn juggles, simple ball mastery, dribbling drills

Training approach

- Make sessions, fun, engaging, and race based while still emphasizing on good technique NOTES
- Max and Zach have been very engaged at every session and are showing a lot of progress.
- Maxx needs to sharpen up his shooting mechanics and Zach needs to improve his shooting
- Perhaps pair up with Addison and Judah?