

# Milan Patton

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## 2007 - Centerback - Liverpool 2008 IA Boys

### Main Focus

- Agility and coordination
- Passing and receiving
- Awareness and decision making on the ball
- Being confident and assertive

### Secondary focus

- Ball mastery , passing,
- Aggressiveness
- Focus and mentality
- Build the habit of scanning and off ball movement
- First Touch

### To do at home

- Ball mastery, 1v1 moves, Juggling, bodyweight workouts, player analysis, mental training videos

### Training approach

- Milan needs to work on speed of play during games and be better with decision making. Rather than over complicating the game he needs to understand how to simplify it.
- As the role of being a center back he needs to be more vocal and controlling; also passing on information to teammates. (communication is key)
- Range of passing from short to long, driven to long balls all need work. Weight of pass, weight of first touch.
- Emphasize being on your toes and engage the whole session as if it were a game.
- Coordination is big with Milan and something we should always include with SAQ

### notes

- Great Kid to work with and is easy to teach. Pushes himself but not 100%

- Never will have to worry about attitude or disrespectfulness but needs that coaches push to make him go hard.